

# Training Activity 5

## SESSION 1

### Self Assessment

### Printable Version



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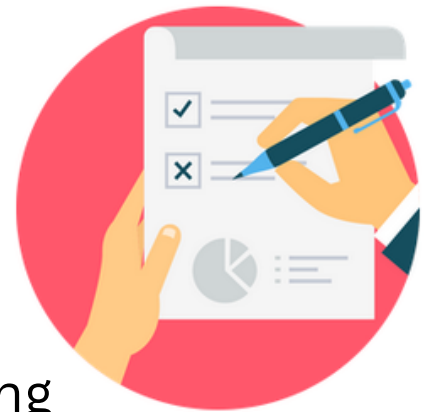


amica



COPAVA

# SELF ASSESSMENT TEST



This is a quick test for session 1 (Training Activity 5).

Put a check mark  in the box next to the correct answer.

<b>Question 1: How can you recognize good health information on the internet?</b>	
By checking if the information is correct and comes from a good source like doctors or official organisations.	<input type="checkbox"/>
Watching videos about sports	<input type="checkbox"/>

<b>Question 2: What is one of the 5 rules to check good health information?</b>	
Check who wrote the text, for example doctors or public health departments.	<input type="checkbox"/>
Only look at pictures on the website.	<input type="checkbox"/>

**Question 3: Why should you check if there is advertising on a website??**

Because advertising makes the website more colorful.

Because advertising means the site wants to sell something. You should check if you can trust it.

**Question 4: What does it mean if a website shows when the information was last changed?**

It means nothing.

It means you can check if the information is up-to-date.

**Question 5: Why is it important that health information is easy to understand?**

So everyone can read and use it well, even if they are not experts

It is more beautiful.

**Question 6: Indicate which statement is correct**

<p>It is important to check, by whom the text was written, to see if the source is trustable.</p>	<p>It is not important to check, by whom the text was written, as everything you can find on the internet is correct.</p>
<p>It is important to check if a date is published, to see if the information is new.</p>	<p>It is not important to check if a date is published. Everything on the internet is new.</p>
<p>It is good if a website has advertising, because someone get paid for publishing these information.</p>	<p>It is not good if a website has advertising, because that can indicate that the information is not neutral.</p>
<p>It is not important to check, where the information comes from, as everything on the internet is correct.</p>	<p>It is important to check, where information comes from, to see if it is a good source.</p>
<p>The information needs to be complicated, as this indicates that it is scientific.</p>	<p>The information needs to be easy to understand, so everyone can understand it.</p>

# Answer Key

<b>Question 1</b>	By checking if the information is correct and comes from a good source like doctors or official organisations.
<b>Question 2</b>	Check who wrote the text, for example doctors or public health departments.
<b>Question 3</b>	Because advertising means the site wants to sell something. You should check if you can trust it.
<b>Question 4</b>	It means you can check if the information is up-to-date.
<b>Question 5</b>	So everyone can read and use it well, even if they are not experts.
<b>Question 6</b>	<p>It is important to check, by whom the text was written, to see if the source is trustable.</p> <p>It is important to check if a date is published, to see if the information is new.</p> <p>It is not good if a website has advertising, because that can indicate that the information is not neutral.</p> <p>It is important to check, where information comes from, to see if it is a good source.</p> <p>The information needs to be easy to understand, so everyone can understand it.</p>